

# *B*conscious *U*

Transformational life coaching with Beth

## Client Information Sheet

All personal information is confidential and treated appropriately.

Client Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_ Phone \_\_\_\_\_

E-Mail \_\_\_\_\_ Cell \_\_\_\_\_

Date of birth \_\_\_\_\_ Marital status \_\_\_\_\_

### Employment Information:

Occupation \_\_\_\_\_ How long? \_\_\_\_\_

Employer name \_\_\_\_\_

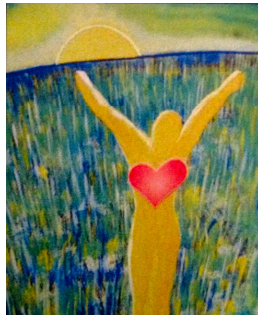
Reason for engaging a Coach \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Referral source \_\_\_\_\_



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## Individual Client Intake Interview

As a coach, it's important for me to understand how you view the world in general and yourself in particular. Each person has a unique way of thinking and a unique way of interacting with those around him or her.

Answer each of these questions as clearly and thoughtfully as possible, expressing the best of who you are. These are “pondering” questions designed to stimulate your thinking in a particular way that will make our work together even more productive. I suggest that you take several days to compose your responses to these questions. Thank you.

1. Please rate your satisfaction with your life in the following areas  
(1 – worst, 5 – best)

Emotions

Relationships

Sexuality

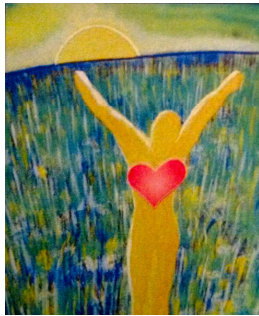
Body

Work

Money

Spirituality





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7. If there were a secret passion in your life, what would it be?
8. As your coach is there anything else you would like me to know about you?